



- Always ask for a person's consent before posting them online!
- Always be kind, polite, and remember what is real. There are people behind the screen.
- Even if someone is being mean to you, keep your cool!

## SPEAK UP

- If you see someone post something inappropriate or thoughtless, let them know! Hold each other accountable.
- Save the evidence and tell a trusted adult!
- Report the abuse to the website or app where it is taking place

## PRIVACY IS KEY

- Use a strong password! Strong passwords are unique, with at least 12 characters, and use a mix of uppercase, lowercase, and special symbols such as: ! ? \*
- Limit your online friends to people you actually know
- Some information should stay private, such as:
- Social security numbers, banking information, exact locations, contact information such as personal phone numbers, passwords, addresses, etc.

## DO NOT HESITATE TO REPORT AND BLOCK

- Luckily, most popular apps and websites allow you to report abuse and block users!
- It is OKAY to block someone or ignore them if they are making you uncomfortable!

